

2010 Pacific Northwest Swimming Zone Team

Team Selection Process

(Updated June 6, 2010)

Summary:

The 2010 PNS Zone team will have two (2) coaches on the staff and the number of athletes will be limited to approximately 50 athletes. The athletes will be selected based on the number of events for which they have achieved a Western Zone Qualifying Time. The criteria is shown below in the section entitled "Selection Criteria". Athletes will need to achieved the long course qualifying time during the qualifying period which is August 5, 2009 through July 18, 2010 which will be the last day to be considered

Athletes with the greatest number of qualifying times will be considered first for selection to the PNS Western Zone team. The coaching staff will also apply judgment for Western Zone team athlete selection in specific cases, when an athlete might be needed to fill a position on a relay.

All swimmers entered into the Western Zone Meet must be currently registered with USA Swimming as an athlete and must be on the LSC entry form.

I. Eligibility:

- a. Any swimmer who within the 18 months prior to the start of the meet has participated in one (1) individual event at a USA Swimming Championships as defined in Article 207 of the USA Swimming Rules and Regulations, excluding Disability Championships and Open Water Championships, may not compete in that event or the related relay leg.
- b. Any swimmer who within the 18 months prior to the start of the meet has participated in two (2) or more individual events at a USA Swimming Championships as defined in Article 207 of the USA Swimming Rules and Regulations, excluding Disability Championships and Open water Championships, may not compete in the meet.
- c. To be eligible for selection to the Pacific Northwest Western Zone Team, a swimmer must be a registered PNS swimmer in good standing. This means that the swimmer must not owe money to either PNS or their registered club team, and must not have been restricted from representing PNS because of past disciplinary problems. Swimmers who owe money to PNS or their registered club team may clear the debt and be considered for the Western Zone Team by paying the money that is owed before the end of the qualifying period.
- d. Swimmers must submit and have an application in the PNS office by the deadline on the Athlete's Application Packet. Applications submitted after the deadline will not be accepted for the PNS Zone Team.

II. Qualifying:

- a. The qualifying period for long course times shall be August 5, 2009 (starting date for The 2009 Zone Meet last year) through July 18, 2010 (ending date for meets scheduled for this summer weekend). Selection will be based on verified long course performances achieved during the qualifying period in individual events offered at the Western Zone Championships. Swims performed outside the LSC must be officially submitted to the PNS Records Chairperson. The results must be submitted no later than 5:00 p.m. on the Monday July 19, 2009.
- b. Qualification standards for 2010 Western Zone Meet events can be found on the PNS website under “Swimmers”, then click on “Age Group Swimming”, then click on “Zone Page”, then click on “2010 PNS Western Zone Time Standards”.
- c. To be entered in an event, an athlete must achieve a Western Zone Qualifying Standard for their age group, based on their age as of August 10, 2010.

III. Selection Process:

- (1) The size of the team is limited to approximately 50 athletes
- (2) Athletes will be selected based on the number of qualifying standards achieved for their age group with the age of the athlete as of August 10, 2010.
- (3) Achieving a long course (LC) qualifying standard will take precedence over an athlete who has achieved a short course (SC) when counting an athlete’s qualifying swims.
- (4) Number of qualifying standards achieved:
 - a. Athletes achieving four (4) or more qualifying standards will be selected for the team.
 - b. Athletes achieving three (3) qualifying standards likely will be selected for the team.
 - c. Athletes achieving two (2) qualifying standards potentially will be selected for the team.
 - d. Athletes achieving one (1) qualifying standard possibly will be selected for the team.
 - e. Athletes with 1 or more qualifying standards will also be considered for the team by the coaching staff based on the Zone team’s relay requirements.

Notes:

1. Swimmers accepted for the PNS Zone Team will be entered in events for which they have Zone qualifying times to the extent that the team’s total number of entries remains under the entry limit established for the team. Each LSC is permitted a total of 400 individual entries (splashes) with a including a limitation of 160 for entries that do not meet the Zone qualifying standard. Swimmers are limited to 6 individual events. Swimmers may be considered for events in which they have not met the meet standard only when the master team entry list

permits such entries. In filling out the application, be sure to label your event priorities carefully.

2. The Head Coach, in consultation with assistant coaches, is the final authority in the assignment of athletes to events for the Western Zone meet.
3. PNS cannot guarantee to an athlete that they will participate in a full set of events for the meet. In cases of multiple requests for the same event, fastest times and overall team needs will be used in making final decisions.
4. Athletes/coaches reserve the right to request that athletes not swim in a particular event as long as this request is made in writing to the Zone Head Coach by the event qualifying deadline. Requests for change(s) will not be considered after that date.
5. Requests for changes of events for athletes must be made by the athlete's coach. Every effort will be made by the Head Coach to work with the athlete and their coach to fulfill the athlete's purpose for participating on the Zone Team.

IV. Additional Questions:

If you have additional questions, contact head coach Tom Wunderlich at tomw@goldsgymwa.com or by phone: 425-418-6016.

*****End of Team Selection Process Document*****