

**WAVE Aquatics (PN-WAVE)**  
**PO Box 2953, Kirkland, WA 98083**  
**Head Age Group Coach Erin Dunn ((206) 883-4434)**  
**Head Senior Coach Tyson Wellock ()**  
**Coaching Staff Dave Leonard ()**

**Meet Entry Report**

**Meet: 2010 Long Course Championships (Location: Weyerhaeuser King County Aquatic Center)**  
**Date: 07/29/2010 - 08/01/2010 (Ageup Date: 07/29/2010)**

**Alleva, Erin A (14)**

# 11B Girl 14-14 200 Breast 3:06.93L 3:06.93L (07/17/10 - 2010 Washington Games Age Grou)

**Alleva, Joseph Z (16)**

# 4C Boy 15-16 200 Medley 2:06.26Y 2:06.26Y (02/13/10 - Boys 3a Sea-King District 2 Championship)  
# 12C Boy 15-16 200 Breast 2:42.45L 2:42.45L (07/08/10 - 91st Annual Senior Seattle Ope)  
# 70C Boy 15-16 100 Breast 1:11.25L 1:11.25L (07/23/09 - 2009 PNS Long Course Champions)

**Armstrong, Hanna N (16)**

# 13D Girl 15 & Over 1500 Free 19:05.96L 19:05.96L (07/10/10 - 91st Annual Senior Seattle Ope)  
# 49C Girl 15 & Over 400 Free 4:45.37L 4:45.37L (07/09/10 - 91st Annual Senior Seattle Ope)  
# 85C Girl 15 & Over 200 Free 2:16.22L 2:16.22L (07/23/09 - 2009 PNS Long Course Champions)

**Bennett, Nicola H (13)**

# 7A Girl 13-13 50 Free 26.73Y 26.73Y (03/20/10 - 2010 Northwest Section Age Group Champio)  
# 39A Girl 13-13 100 Back 1:07.57Y 1:07.57Y (02/27/10 - Age Group Invitational - Divis)  
# 45A Girl 13-13 100 Free 57.64Y 57.64Y (03/28/10 - PNS Spring Divisional Championship)

**Billett, Samuel H (18)**

# 50D Boy 17 & Over 400 Free 4:54.07Y 4:54.07Y (03/20/10 - 2010 Northwest Section Age Group Champio)  
# 86D Boy 17 & Over 200 Free 1:49.43Y 1:49.43Y (02/19/10 - Boys High School State)  
# 106D Boy 15 & Over 1500 Free 17:32.34Y 17:32.34Y (03/21/10 - 2010 Northwest Section Age Group Champio)

**Birrell, Emily S (11)**

# 1A Girl 11-11 200 Medley 2:52.84L 2:52.84L (07/16/10 - 2010 Washington Games Age Grou)  
# 5A Girl 11-11 50 Free 32.18L 32.18L (06/19/10 - 2010 Summer Solstice Invitatio)  
# 37A Girl 11-11 100 Back 1:21.63L 1:21.63L (06/19/10 - 2010 Summer Solstice Invitatio)  
# 43A Girl 11-11 100 Free 1:12.04L 1:12.04L (07/16/10 - 2010 Washington Games Age Grou)  
# 51A Girl 11-11 400 Free 5:38.69L 5:38.69L (05/14/10 - SSC/SST Pacific Coast Invitati)  
# 61A Girl 11-11 200 Back 2:56.77L 2:56.77L (06/12/10 - 2010 Summer Spectacular)  
# 67A Girl 11-11 100 Breast 1:35.02L 1:35.02L (06/12/10 - 2010 Summer Spectacular)  
# 73A Girl 11-11 50 Fly 36.39L 36.39L (07/23/09 - 2009 PNS Long Course Champions)

**Dang, Gabrielle T (9)**

# 35 Girl 10 & Under 100 Back 1:22.86L 1:22.86L (06/13/10 - 2010 Summer Spectacular)  
# 41 Girl 10 & Under 100 Free 1:12.36L 1:12.36L (07/17/10 - 2010 Washington Games Age Grou)  
# 47 Girl 10 & Under 50 Free 32.53L 32.53L (05/15/10 - SSC/SST Pacific Coast Invitati)  
# 71 Girl 10 & Under 50 Fly 34.64L 34.64L (05/16/10 - SSC/SST Pacific Coast Invitati)  
# 75 Girl 10 & Under 200 Medley 3:04.45L 3:04.45L (07/16/10 - 2010 Washington Games Age Grou)  
# 81 Girl 10 & Under 200 Free 2:37.01L 2:37.01L (07/18/10 - 2010 Washington Games Age Grou)  
# 93 Girl 10 & Under 50 Back 36.70L 36.70L (06/12/10 - 2010 Summer Spectacular)  
# 101 Girl 10 & Under 400 Free 5:32.32L 5:32.32L (05/14/10 - SSC/SST Pacific Coast Invitati)

**Dang, Tiffany N (16)**

# 7C Girl 15 & Over 50 Free 28.81L 28.81L (07/23/09 - 2009 PNS Long Course Champions)  
# 39C Girl 15 & Over 100 Back 1:11.44L 1:11.44L (07/23/09 - 2009 PNS Long Course Champions)  
# 45C Girl 15 & Over 100 Free 1:01.58L 1:01.58L (07/23/09 - 2009 PNS Long Course Champions)  
# 63C Girl 15 & Over 200 Back 2:34.41L 2:34.41L (07/23/09 - 2009 PNS Long Course Champions)

**Grichel, Kyle R (14)**

# 40B Boy 14-14 100 Back 1:14.76L 1:14.76L (07/17/10 - 2010 Washington Games Age Grou)  
# 64B Boy 14-14 200 Back 2:17.56Y 2:17.56Y (03/28/10 - PNS Spring Divisional Championship)

**Holliday, Taylor Joseph (13)**

# 12A Boy 13-13 200 Breast	3:05.63L	3:05.63L (06/13/10 - 2010 Summer Spectacular)
# 70A Boy 13-13 100 Breast	1:26.31L	1:26.31L (05/15/10 - SSC/SST Pacific Coast Invitati)
# 80A Boy 13-13 400 Medley	5:54.94L	5:54.94L (06/12/10 - 2010 Summer Spectacular)

**Kaufman, Emilie A (18)**

# 3D Girl 17 & Over 200 Medley	2:27.99L	2:27.99L (05/29/10 - 2010 United Healthcare Cactus)
# 7C Girl 15 & Over 50 Free	27.78L	27.78L (05/30/10 - 2010 United Healthcare Cactus)
# 11C Girl 15 & Over 200 Breast	2:46.62L	2:46.62L (07/08/10 - 91st Annual Senior Seattle Ope)
# 39C Girl 15 & Over 100 Back	1:10.55L	1:10.55L (05/15/09 - Pac Coast 09)
# 45C Girl 15 & Over 100 Free	1:00.97L	1:00.97L (05/02/10 - 2010 May Flowers Senior Meet)
# 69C Girl 15 & Over 100 Breast	1:14.78L	1:14.78L (05/29/10 - 2010 United Healthcare Cactus)
# 79C Girl 15 & Over 400 Medley	5:16.86L	5:16.86L (07/09/10 - 91st Annual Senior Seattle Ope)
# 91C Girl 15 & Over 100 Fly	1:06.98L	1:06.98L (07/23/09 - 2009 PNS Long Course Champions)

**Kodati, Nicholas (14)**

# 8B Boy 14-14 50 Free	28.79L	28.79L (05/16/10 - SSC/SST Pacific Coast Invitati)
# 34B Boy 14-14 200 Fly	2:39.80L	2:39.80L (06/20/10 - 2010 Summer Solstice Invitatio)
# 40B Boy 14-14 100 Back	1:04.14Y	1:04.14Y (12/12/09 - 2009 PNS 14 & U SC Championships)
# 46B Boy 14-14 100 Free	54.03Y	54.03Y (02/28/10 - Age Group Invitational - Divis)
# 64B Boy 14-14 200 Back	2:18.55Y	2:18.55Y (01/24/10 - 34th Annual Washington Open)
# 86B Boy 14-14 200 Free	1:59.17Y	1:59.17Y (02/27/10 - Age Group Invitational - Divis)
# 92B Boy 14-14 100 Fly	1:06.66L	1:06.66L (07/16/10 - 2010 Washington Games Age Grou)

**Kurtz, Rachael A (17)**

# 3D Girl 17 & Over 200 Medley	2:09.76Y	2:09.76Y (11/14/09 - 2009 Girls High School State)
# 13D Girl 15 & Over 1500 Free	19:03.07L	19:03.07L (06/25/09 - Seattle Open Sr 09)
# 39C Girl 15 & Over 100 Back	1:01.31Y	1:01.31Y (03/13/10 - 2010 Speedo Western Sectional Champions )
# 45C Girl 15 & Over 100 Free	1:01.41L	1:01.41L (07/10/10 - 91st Annual Senior Seattle Ope)
# 49C Girl 15 & Over 400 Free	4:44.11L	4:44.11L (07/23/09 - 2009 PNS Long Course Champions)
# 85C Girl 15 & Over 200 Free	2:15.93L	2:15.93L (07/23/09 - 2009 PNS Long Course Champions)
# 91C Girl 15 & Over 100 Fly	58.53Y	58.53Y (12/19/09 - Washington State Senior SC Cha)
# 105B Girl 15 & Over 800 Free	11:11.96Y	11:11.96Y (02/14/10 - WAVE February Distance Meet)

**Lu, Richard Sun (11)**

# 6A Boy 11-11 50 Free	34.67L	34.67L (07/17/10 - 2010 Washington Games Age Grou)
# 10A Boy 11-11 200 Breast	3:23.01L	3:23.01L (07/17/10 - 2010 Washington Games Age Grou)
# 68A Boy 11-11 100 Breast	1:34.27L	1:34.27L (07/17/10 - 2010 Washington Games Age Grou)
# 100A Boy 11-11 50 Breast	45.05L	45.05L (07/10/09 - 2009 Age Group Seattle Open)

**Macdonald, Allie Kate (10)**

# 65 Girl 10 & Under 100 Breast	1:44.17L	1:44.17L (07/17/10 - 2010 Washington Games Age Grou)
# 97 Girl 10 & Under 50 Breast	42.36Y	42.36Y (04/24/10 - 2010 WAVE Pyramid Pentathlon)

**McDonagh, John C (14)**

# 8B Boy 14-14 50 Free	25.20Y	25.20Y (12/12/09 - 2009 PNS 14 & U SC Championships)
# 70B Boy 14-14 100 Breast	1:20.70L	1:20.70L (07/23/09 - 2009 PNS Long Course Champions)

**Merchel, Mateusz A (14)**

# 4B Boy 14-14 200 Medley	2:29.47L	2:29.47L (07/16/10 - 2010 Washington Games Age Grou)
# 8B Boy 14-14 50 Free	27.14L	27.14L (05/16/10 - SSC/SST Pacific Coast Invitati)
# 40B Boy 14-14 100 Back	1:08.91L	1:08.91L (07/17/10 - 2010 Washington Games Age Grou)
# 46B Boy 14-14 100 Free	1:00.46L	1:00.46L (07/18/10 - 2010 Washington Games Age Grou)
# 64B Boy 14-14 200 Back	2:28.04L	2:28.04L (07/16/10 - 2010 Washington Games Age Grou)
# 80B Boy 14-14 400 Medley	5:33.88L	5:33.88L (06/20/10 - 2010 Summer Solstice Invitatio)
# 86B Boy 14-14 200 Free	2:14.45L	2:14.45L (07/17/10 - 2010 Washington Games Age Grou)
# 92B Boy 14-14 100 Fly	1:11.75L	1:11.75L (07/16/10 - 2010 Washington Games Age Grou)

**Merchel, Tymoteusz M (11)**

# 6A Boy 11-11 50 Free	33.89L	33.89L (07/17/10 - 2010 Washington Games Age Grou)
# 52A Boy 11-11 400 Free	5:42.02L	5:42.02L (05/14/10 - SSC/SST Pacific Coast Invitati)
# 96A Boy 11-11 50 Back	41.73L	41.73L (05/16/10 - SSC/SST Pacific Coast Invitati)
# 100A Boy 11-11 50 Breast	46.27L	46.27L (07/18/10 - 2010 Washington Games Age Grou)

**Neil, Grant Kenneth (15)**

# 8C Boy 15-16 50 Free	23.55Y	23.55Y (03/19/10 - 2010 Northwest Section Age Group Champio)
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**Oros, Gabby (12)**

# 62B Boy 12-12 200 Back	2:38.77Y	2:38.77Y (02/28/10 - Age Group Invitational - Divis)
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**Oros, George (14)**

# 8B Boy 14-14 50 Free	28.69L	28.69L (06/12/10 - 2010 Summer Spectacular)
# 40B Boy 14-14 100 Back	1:03.48Y	1:03.48Y (03/27/10 - PNS Spring Divisional Championship)
# 46B Boy 14-14 100 Free	1:01.86L	1:01.86L (07/18/10 - 2010 Washington Games Age Grou)
# 92B Boy 14-14 100 Fly	1:10.40L	1:10.40L (06/12/10 - 2010 Summer Spectacular)

**Postetter, Michael Daniel (17)**

# 8D Boy 17 & Over 50 Free	22.92Y	22.92Y (03/19/10 - 2010 Northwest Section Age Group Champio)
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**Rachkov, Alexander G (14)**

# 8B Boy 14-14 50 Free	29.29L	29.29L (07/23/09 - 2009 PNS Long Course Champions)
# 16A Boy 13-14 800 Free	10:06.54L	10:06.54L (07/23/09 - 2009 PNS Long Course Champions)
# 50B Boy 14-14 400 Free	4:53.73L	4:53.73L (07/23/09 - 2009 PNS Long Course Champions)
# 64B Boy 14-14 200 Back	2:17.43Y	2:17.43Y (12/13/09 - 2009 PNS 14 & U SC Championships)
# 106C Boy 14-14 1500 Free	18:53.75L	18:53.75L (07/23/09 - 2009 PNS Long Course Champions)

**Scheck, Joshua B (13)**

# 4A Boy 13-13 200 Medley	2:36.73L	2:36.73L (06/13/10 - 2010 Summer Spectacular)
# 8A Boy 13-13 50 Free	27.86L	27.86L (06/12/10 - 2010 Summer Spectacular)
# 16A Boy 13-14 800 Free	10:20.79L	10:20.79L (07/23/09 - 2009 PNS Long Course Champions)
# 46A Boy 13-13 100 Free	1:00.91L	1:00.91L (05/16/10 - SSC/SST Pacific Coast Invitati)
# 50A Boy 13-13 400 Free	4:50.68L	4:50.68L (05/14/10 - SSC/SST Pacific Coast Invitati)
# 80A Boy 13-13 400 Medley	5:30.58L	5:30.58L (06/12/10 - 2010 Summer Spectacular)
# 86A Boy 13-13 200 Free	2:14.18L	2:14.18L (06/12/10 - 2010 Summer Spectacular)
# 106B Boy 13-13 1500 Free	19:07.26L	19:07.26L (07/18/10 - 2010 Washington Games Age Grou)

**Speak, Sage Loren (14)**

# 3B Girl 14-14 200 Medley	2:32.42L	2:32.42L (07/23/09 - 2009 PNS Long Course Champions)
# 7B Girl 14-14 50 Free	28.12L	28.12L (05/30/10 - 2010 United Healthcare Cactus)
# 11B Girl 14-14 200 Breast	2:46.24L	2:46.24L (05/30/10 - 2010 United Healthcare Cactus)
# 45B Girl 14-14 100 Free	1:02.05L	1:02.05L (07/23/09 - 2009 PNS Long Course Champions)
# 49B Girl 14-14 400 Free	4:49.39L	4:49.39L (07/23/09 - 2009 PNS Long Course Champions)
# 69B Girl 14-14 100 Breast	1:17.03L	1:17.03L (05/29/10 - 2010 United Healthcare Cactus)
# 79B Girl 14-14 400 Medley	5:31.71L	5:31.71L (07/23/09 - 2009 PNS Long Course Champions)
# 85B Girl 14-14 200 Free	2:14.32L	2:14.32L (05/30/10 - 2010 United Healthcare Cactus)

**Truong, Felicia L (11)**

# 1A Girl 11-11 200 Medley	3:01.07L	3:01.07L (07/16/10 - 2010 Washington Games Age Grou)
# 9A Girl 11-11 200 Breast	3:24.80L	3:24.80L (07/17/10 - 2010 Washington Games Age Grou)
# 37A Girl 11-11 100 Back	1:25.77L	1:25.77L (05/15/10 - SSC/SST Pacific Coast Invitati)
# 67A Girl 11-11 100 Breast	1:33.97L	1:33.97L (06/20/10 - 2010 Summer Solstice Invitatio)
# 73A Girl 11-11 50 Fly	37.09L	37.09L (06/20/10 - 2010 Summer Solstice Invitatio)
# 89A Girl 11-11 100 Fly	1:26.82L	1:26.82L (07/16/10 - 2010 Washington Games Age Grou)
# 95A Girl 11-11 50 Back	40.10L	40.10L (07/17/10 - 2010 Washington Games Age Grou)
# 99A Girl 11-11 50 Breast	45.08L	45.08L (06/19/10 - 2010 Summer Solstice Invitatio)

**Watts, Daniel E (9)**

# 76 Boy 10 & Under 200 Medley	3:22.47L	3:22.47L (07/16/10 - 2010 Washington Games Age Grou)
# 82 Boy 10 & Under 200 Free	2:55.55L	2:55.55L (06/12/10 - 2010 Summer Spectacular)
# 102 Boy 10 & Under 400 Free	7:00.13Y	7:00.13Y (02/26/10 - Age Group Invitational - Divis)

**Win, Nicholas T (17)**

# 4D Boy 17 & Over 200 Medley	1:59.77Y	1:59.77Y (02/19/10 - Boys High School State)
# 12D Boy 17 & Over 200 Breast	2:32.61L	2:32.61L (07/23/09 - 2009 PNS Long Course Champions)
# 34D Boy 17 & Over 200 Fly	2:25.15L	2:25.15L (07/23/09 - 2009 PNS Long Course Champions)
# 40D Boy 17 & Over 100 Back	1:03.41L	1:03.41L (07/23/09 - 2009 PNS Long Course Champions)

# 50D Boy 17 & Over 400 Free	4:24.63L	4:24.63L (07/23/09 - 2009 PNS Long Course Champions)
# 64D Boy 17 & Over 200 Back	2:16.74L	2:16.74L (07/23/09 - 2009 PNS Long Course Champions)
# 70D Boy 17 & Over 100 Breast	1:14.70L	1:14.70L (05/29/10 - 2010 United Healthcare Cactus)
# 80D Boy 17 & Over 400 Medley	4:53.84L	4:53.84L (07/23/09 - 2009 PNS Long Course Champions)

**Wintermute, Logan C (13)**

# 80A Boy 13-13 400 Medley	5:49.37L	5:49.37L (05/15/10 - SSC/SST Pacific Coast Invitati)
# 92A Boy 13-13 100 Fly	1:12.21L	1:12.21L (05/16/10 - SSC/SST Pacific Coast Invitati)

**Yee, Leann K (16)**

# 7C Girl 15 & Over 50 Free	24.87Y	24.87Y (11/06/09 - 2009 Girls High School District Meet)
# 39C Girl 15 & Over 100 Back	1:01.74Y	1:01.74Y (02/27/10 - Age Group Invitational - Divis)
# 45C Girl 15 & Over 100 Free	54.48Y	54.48Y (02/28/10 - Age Group Invitational - Divis)

**Zimmermann, Markus Kenneth (12)**

# 2B Boy 12-12 200 Medley	2:35.02Y	2:35.02Y (02/07/10 - 2010 February Challenge - Division 1)
# 6B Boy 12-12 50 Free	31.86L	31.86L (06/19/10 - 2010 Summer Solstice Invitatio)
# 10B Boy 12-12 200 Breast	3:08.14Y	3:08.14Y (01/17/10 - January Challenge - Division1)
# 44B Boy 12-12 100 Free	1:08.73L	1:08.73L (07/16/10 - 2010 Washington Games Age Grou)
# 52B Boy 12-12 400 Free	5:08.92L	5:08.92L (07/18/10 - 2010 Washington Games Age Grou)
# 62B Boy 12-12 200 Back	2:57.10L	2:57.10L (07/16/10 - 2010 Washington Games Age Grou)
# 68B Boy 12-12 100 Breast	1:26.70Y	1:26.70Y (02/07/10 - 2010 February Challenge - Division 1)
# 78B Boy 12-12 400 Medley	6:05.61L	6:05.61L (07/17/10 - 2010 Washington Games Age Grou)

	<b>Female</b>	<b>Male</b>	<b>Total</b>
<b>Individual Events</b>	64	77	<b>141</b>
<b>Individual Athletes</b>	12	19	<b>31</b>
<b>Relay Events</b>			<b>0</b>
<b>Relay Teams</b>			<b>0</b>

I hereby certify that all individuals on this entry form are registered members of USA swimming and that they are eligible to compete in this meet.

Coach or Team Representative:

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(Print Full Name, Sign, & Date)